

**LAUREN H. MASCARI, MS, LPC-IT**

**EDUCATION**

**University of Wisconsin – Milwaukee** Expected Graduation 2021  
Doctor of Philosophy – Educational Psychology  
Concentration: Counseling Psychology

**University of Wisconsin – Milwaukee** 2016  
Master of Science – Educational Psychology  
Concentration: Community Counseling

**University of Wisconsin – Madison** 2008  
Bachelor of Science – Art  
Concentration: Graphic Design

**LICENSURE**

Professional Counselor Training License No. 3375-226 Renewed January 2021  
State of Wisconsin – Department of Safety and Professional Services

**APPLIED EXPERIENCE**

**Rogers Behavioral Health, Child and Adolescent Day Treatment Unit** 2020 – 2021  
West Allis, WI  
Pre-Doctoral Intern  
*Supervisors:* Nancy Goranson, PsyD, License 1624; Kristin Miles, PsyD, License 3011

**Walker’s Point Youth and Family Center, Teen Crisis and Runaway Program** 2018 – 2020  
Milwaukee, WI  
Bilingual (English/Spanish) Therapist  
*Supervisor:* Ryan Miller, MS, LPC, NCC, License 6312

**Rogers Behavioral Health, Child and Adolescent Day Treatment Unit** 2018 – 2019  
West Allis, WI  
Doctoral Practicum Counselor  
*Supervisor:* Kristin Miles, PsyD, License 3011

**Aurora Psychiatric Hospital, Eating Disorders Unit** 2017 – 2018  
Wauwatosa, WI  
Doctoral Practicum Counselor  
*Supervisor:* Munther Barakat, PsyD, License 2780  
*Secondary Supervisor:* Sandra Blaies, LCSW, License 2587

**Aurora Psychiatric Hospital, In-Patient Programming** 2017 – 2018  
Wauwatosa, WI  
Behavioral Health Therapist  
*Supervisor:* Brooke-Bennett-Pfister

**Aurora Psychiatric Hospital, Child and Adolescent Day Treatment Program** 2016 – 2017  
Wauwatosa, WI  
Doctoral Practicum Counselor  
*Supervisor:* Munther Barakat, PsyD, License 2780

**Rogers Memorial Hospital, Child and Adolescent Day Treatment Program** 2015 – 2016  
West Allis, WI  
Masters Practicum Counselor  
*Supervisor:* Katie Chin, MS, LPC, License 5126

### RESEARCH EXPERIENCE

**The Afro-Brazilian Martial Art of Capoeira: Cultural Healing and Identity** 2019 – present  
Dissertator  
Narrative qualitative study regarding cultural traditions, rituals, and culturally-centered healing among capoeira practitioners.  
*Supervisors:* Nayda Fouad, PhD, ABPP, License 1130

**Community Building through the Afro-Brazilian Martial Art of Capoeira** 2017  
Student Principal Investigator  
Conducted focus group and analyzed results for themes and future directions of study including peer support, developing insight, communication skills, and the impact of music and movement.  
*Supervisor:* Marty Sapp, EdD, License 1404

**Gender Health and Identity Survey** 2017  
Volunteer  
Facilitate screening and completion of questionnaire regarding health experiences for transgender youth in the LGBT community.  
*Principal Investigator:* Lance Weinhardt, PhD

**Survivors of Sexual Assault in the Military** 2017  
Volunteer  
Complete qualitative coding of transcribed interviews of women who experienced sexual trauma during their time serving in the armed forces.  
*Principal Investigator:* Rae Ann Frey, PhD, License 3695

**Perceptions of Opportunities** 2016  
Research Team Member  
Investigate contextual factors of women and underrepresented minority populations pertaining to career development.  
*Supervisor:* Nadya Fouad, PhD, ABPP, License 1130

**Resiliency Project** 2015 – 2017

Bilingual Research Team Member

Collected data in Spanish for Collaborative Community Based Research Project assessing resiliency and financial stress to evaluate a total of 150 families.

*Supervisors:* Shannon Chavez-Korell, PhD, NCC and Markeda Newell, PhD

**Exceptional Education Department** 2016 – 2017

Research Assistant

Conduct literature review regarding exceptional education interventions and practices in West-African countries, as well as a review of sheltered workshops, culturally relevant assessment and edTPA, the history of special schools and case studies within exceptional education.

*Supervisors:* Elizabeth Drame, PhD, Margaret Bartlett, PhD, Amy Otis-Wilborn, PhD

**American Indian Youth in Detention Settings** 2015

Research Team Member

Focused on case studies of American Indian female adolescents in detention setting.

*Supervisor:* Leah Rouse, PhD, LP, License 3221

**Exploring the Educational Trajectories Among Undocumented Latinos** 2015

Research Team Member

Participatory Action Research exploration of the experiences of undocumented Latinos during a critical transition period who are actively considering entering college.

*Principal Investigator:* Michelle Parisot, PhD, License 3538

## UNIVERSITY EXPERIENCE

**Graduate Assistant** 2016

- Exceptional Education 559: Communication in the Classroom for the Deaf and Hard of Hearing
- Exceptional Education 600: Survey of Exceptional Education
- Exceptional Education 635: Individualized Planning and Instructional Methods
- Exceptional Education 679: Critical Issues in Planning for Students with Disabilities

**Executive Assistant to the Vice Provost** 2015 - 2016

*Supervisor:* Phyllis King, PhD, FAOTA License 199

**Bilingual Program Assistant, Roberto Hernandez Center** 2014 – 2015

*Supervisor:* Enrique E. Figueroa, PhD

## PRESENTATIONS

Hlwan, B. T., **Mascari, L. H.**, Kuramoto, R., Hanesakda, A., & French, K. Stop Asian Hate Panel. *University of Wisconsin – Parkside, Office of Multicultural Student Affairs*. April 14, 2021. Racine, WI. <https://www.facebook.com/OMSAuwp/videos/286292703073847>

- Mascari, L. H.** & Glenn, S. Diversity mini-series: Self-care and grad school life. *University of Wisconsin – Milwaukee*. February 12, 2021. Milwaukee, WI.  
<https://sites.uwm.edu/thesccl/>
- Wallace, C., & **Mascari, L. H.** Coping with Anxiety. Marquette University High School – Sophomore Wellness Week. February 10, 2021. Milwaukee, WI.
- Davison, E., & **Mascari, L. H.** Staying sane in the midst of pandemic. *Milwaukee Public Schools - Professional Development for School Social Workers and School Psychologists*, December 23, 2020. Milwaukee, WI.
- Lim, P., **Mascari, L. H.**, Songco, D., & Vang, G. F. Model Minority: How racial stereotypes and cultural expectations contribute to mental health issues among Asian-Americans. *Milwaukee Minority Film Festival*, September 24, 2020. Milwaukee, WI.  
<https://www.youtube.com/watch?v=fYStHZLEXRw>
- Mascari, L. H.** Building allies during pandemic. *University School of Milwaukee, SEEK meeting*, April 16, 2020. Milwaukee, WI.
- Mascari, L. H.** Trauma informed care: From knowledge to engagement. *Walker's Point Youth and Family Center*. January 6 & 28, 2020. Milwaukee, WI.
- Mascari, L. H.** Resident engagement and cultural competence. *Walker's Point Youth and Family Center*. May 13, 2019. Milwaukee, WI.
- Mascari, L. H.** Who is it?: A narrative exploration of culture and identity through interactive installation. *Midwest Interdisciplinary Graduate Conference: Artifice*, February 15, 2019. Milwaukee, WI.
- Mascari, L. H.** Resident engagement and cultural competence. *Walker's Point Youth and Family Center*. January 15, 2019. Milwaukee, WI.
- Mascari, L. H.** Redirection and resident engagement. *Walker's Point Youth and Family Center*. August 22, 2018. Milwaukee, WI.
- Mascari, L. H.** Multicultural connections through the Afro-Brazilian martial-art of capoeira. *126th American Psychological Association Convention*, August 10, 2018. San Francisco, CA.
- Mascari, L. H.** Community building through the Afro-Brazilian martial-art of capoeira. *14th International Congress of Qualitative Inquiry*, May 19, 2018. Champaign, IL.
- Trager, B. W., Cass, T. J., & **Mascari, L. H.** Initial approaches to a collaborative hermeneutic process. *International Congress of Qualitative Inquiry*, May 19, 2018. Champaign, IL.
- Mascari, L. H.** Sustainable leadership through identity exploration: Intersections of privilege and marginalization. *International Institute of Restorative Practices: Leading & Sustaining Change*, May 1, 2018. Toronto, Canada.
- Mascari, L. H.** Kuei, Hsiao-ling. *Organization for Chinese Americans – Intergenerational Storytelling*, September 23, 2017. Milwaukee, WI.
- Mascari, L. H.** Adolescent females and martial arts: A review of psychology literature. *Association for Women in Psychology*, March 5, 2017. Milwaukee, WI. 6

**Mascari, L. H.**, & Ramos, E. Social media connectedness and use: A mental health perspective on social media use in higher education. *Student Personnel Young Professionals Learning Network*, February 25, 2017. Milwaukee, WI.

**Mascari, L. H.** Diversity, equity, & inclusion. *Student Conservation Association Orientation*, July 7, 2016. Milwaukee, WI.

**Mascari, L. H.** (2016, March 22.) *Untitled poem*. Retrieved from <http://www.neciamediacollective.com/neciamedia/untitled-poem-lauren-mascari?rq=untitled>

Salas-Pizaña, S., Frey, R. A., Lucci, S., Benally, N., **Mascari, L.**, & Rouse, L. American Indian Youth in Corrections: A Study for the Prevention and Reduction of Trauma. *International Society for Traumatic Stress Studies – Child Trauma Track Paper Presentation*, November 15, 2015. New Orleans, LA.

### SCHOLARSHIPS & AWARDS

**University of Wisconsin – Milwaukee, School of Education** 2020 - 2021  
Joseph and Loretta Eiserlo/Robert Keuhneisen Teachers for a New Era Scholarship

**Wisconsin Psychological Association** 2019  
Asher Pacht, PhD Graduate Award

**University of Wisconsin – Milwaukee, Greater Milwaukee Foundation** 2019 - 2020  
Donald Timm Fund Scholarship,  
Greater Milwaukee Foundation

**University of Wisconsin – Milwaukee, Graduate School** 2017 - 2019  
Advanced Opportunity Program Fellowship

**Organization for Chinese Americans, Wisconsin Chapter** 2017  
RP & JL Carr Social Justice Award

**University of Wisconsin – Milwaukee, School of Education** 2016 - 2018  
Joseph and Loretta Eiserlo/Robert Keuhneisen Teachers for a New Era Scholarship

**University of Wisconsin – Milwaukee, School of Education** 2017 - 2018  
School of Education Scholarship

**University of Wisconsin – Milwaukee, Children’s Learning Center** 2016  
Child Care Expense Award

**Southwest YMCA, Greenfield** 2005  
Mind, Body, Spirit Award

### PROFESSIONAL AFFILIATIONS

- American Psychological Association, Graduate Student 2017 – present

- Midwest Psychological Association, Graduate Student 2018 – present
- Organization of Chinese Americans, Wisconsin Chapter 2016 – present
- Wisconsin Psychological Association, Graduate Student 2019 – present

### **BOARD & LEADERSHIP EXPERIENCE**

- University of Wisconsin – Milwaukee, Children’s Learning Center 2016 – 2018
- PALM Committee, Roberto Hernandez Center, Co-chair 2015
- Grupo Capoeira Nagô, Inc., Secretary 2014 – 2015
- Latino Non-Profit Leadership Program, Class IX 2013

### **COMMUNITY INVOLVEMENT**

**Mask Up Milwaukee, United Way Milwaukee** 2020  
 Volunteer to make 750 disposable masks for essential care workers due to COVID-19 pandemic.

**Taiwan Booth Host, University School of Milwaukee** 2020  
 Develop interactive booth to provide PK-high school students with education about Taiwan regarding the physical place, history, food, and culture.

**Diversity Committee Member, University School of Milwaukee** 2020  
 Attend and contribute to monthly meetings regarding how to diversify and increase multicultural competence throughout the USM community.

**Girls on the Run, Southwest, WI** 2020  
 Raised \$960 during Lakefront Marathon registration and event preparation to directly benefit program operations wherein girls ages 8-14 are empowered to recognize their strengths and unique qualities through the sport of running.

**China Lights, Organization of Chinese Americans Wisconsin** 2017 – present  
 Facilitated traditional craft projects with community members attending China Lights Exhibit on an annual basis and share knowledge about traditional folk tales about the Harvest Moon.

**Staff Appreciation Event, Walker’s Point Youth and Family Center** 2019  
 Organized logistics of staff appreciation event to increase morale within the Teen Crisis and Runway Program and bridge connections with the Impact Transitional Housing Program staff.

**For the Culture Fashion Show, Ohemaa Evolve** 2019  
 Invited by the designer to runway model apparel featuring African clothing to celebrate heritage, strength, and creativity.

**National McNair Scholar Day, University of Wisconsin – Milwaukee** 2019  
 Panelist regarding the Advanced Opportunity Program Award as a recipient for group of 200 McNair Scholars from across the United States.

- Legacy of Hope Gala, Walker's Point Youth and Family Center** 2019  
Invited by Executive Director to facilitate celebration of 43 years of providing services to homeless and runaway youth and families.
- Team PAWS, Lakefront Marathon** 2017  
Completed 26.2 mile race as a member of the University of Wisconsin – Milwaukee's team.
- LeadHER, University of Wisconsin – Milwaukee** 2015  
Volunteered to be a part of sexual assault public service announcement video:  
<https://www.youtube.com/watch?v=RCDNplZUKnQ>
- Mental Health Action Team, Milwaukee Latino Health Coalition** 2012 – 2014  
Collaborate with community stakeholders to reduce stigma and increase outreach education through speaker's bureau.
- Madison Ballet** 2013  
Tailored costumes under direction of Costume Director to best fit company members and repaired costume issues that occurred during performances resulting from movement.
- Survivors Helping Survivors, Mental Health America – Wisconsin** 2012 – 2013  
Co-facilitated monthly support groups for family members and friends who have lost a loved one to suicide in the community setting by maintaining safe space, identifying themes, and bridging group members

#### **EXPERIENCES ABROAD**

- Bahamas, Canada, Cayman Islands, Costa Rica, Cuba, Egypt, Mexico, Nicaragua, South Africa, Trinidad and Tobago, United Kingdom

#### **LANGUAGE ABILITY**

- Spanish: Verbal